

## Athletic Training

<p><b>Degree</b></p>	<p>Bachelor's or Master's level</p> <p>"Athletic Trainers (ATs) are health care professionals who collaborate with physicians. The services provided by ATs comprise prevention, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions." (CAATE, 2014)</p> <p>"Athletic Trainers (ATs) are health care professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions. Students who want to become certified athletic trainers must earn a degree from an accredited athletic training curriculum. Accredited programs include formal instruction in areas such as injury/illness prevention, first aid and emergency care, assessment of injury/illness, human anatomy and physiology, therapeutic modalities, and nutrition. Classroom learning is enhanced through clinical education experiences." (NATA, 2014)</p>
<p><b>Prerequisite Courses</b></p>	<p>The following are UF courses required for UF's AT program. Other requirements vary from school to school, so it is your responsibility to check requirements of individual programs (<a href="http://www.caate.net">www.caate.net</a>):</p> <p><b>Human Anatomy:</b> APK2100C with grade of B or better</p> <p><b>Human Physiology:</b> APK2105C with grade of B or better</p> <p><b>General Biology:</b> BSC2010 &amp; BSC2010L</p> <p><b>Statistics:</b> STA2023</p> <p><b>Psychology:</b> PSY2012</p> <p><b>Human Nutrition:</b> HUN2201</p> <p><b>Physics:</b> PHY2053 &amp; PHY2053L (PHY2048 &amp; PHY2048L are also accepted)</p>
<p><b>Major</b></p>	<p>Varies depending upon the school and degree level. Students must complete pre-requisites for admission and pre-AT observation hours prior to admission. Note: students must graduate from a CAATE</p>

	accredited program in order to be eligible to sit for the Board of Certification examination.
<b>Application</b>	Acceptance into an AT Program typically requires a secondary application (Portfolio) process beyond that required for admission into the university. For post-bachelor's degree programs (a.k.a. entry-level master's programs) – admission to the graduate school and a benchmark score on the GRE may be required. Note: some programs may use the Athletic Training Central Application System (ATCAS).
<b>Timing of Application</b>	Application deadlines vary from school to school. Most are due in early Spring (e.g., February or March) of the admission year (e.g., sophomore – Bachelor's degree, senior – Master's degree); see each school's website for information.
<b>Reference Guide for School Selection</b>	You will find links to all Athletic Training programs in the United States, with their specific requirements and other valuable information, at the <a href="http://www.caate.net">Commission on Accreditation of Athletic Training Education (CAATE) (www.caate.net)</a> website.
<b>Number of Schools to apply to</b>	Depending on the program level students may apply to multiple programs (e.g., 3)  For guidance on choosing schools, visit the <a href="http://www.caate.net">Commission on Accreditation of Athletic Training Education (CAATE)</a> website and individual school websites.
<b>Letters of Recommendation</b>	Students typically need 2 individual letters, but the number varies by school and/or if the school uses ATCAS. Visit AT program individual websites for specific requirements. For UF: <ul style="list-style-type: none"> <li>- One academic letter from college professor who has taught you in a lecture course (prerequisite course is recommended)</li> <li>- One supervising athletic trainer</li> </ul>
<b>Personal Attributes and Experiences</b>	Many AT programs require a minimum number of Pre-Athletic Training observation hours. Please see individual program websites for specific requirements. Below are expected outcomes for the observational experience. At the conclusion of the observational experience, students should be able to:

	<ol style="list-style-type: none"> <li>1. Define the domains of Athletic Training</li> <li>2. Recognize the importance of an Emergency Action Plan</li> <li>3. Recognize the importance of confidentiality and communication with athletes/patients, coaches, parents, and other sports medicine professionals</li> <li>4. Comply with OSHA and Bloodborne Pathogen (BBP) regulations specific to the Athletic Training setting</li> <li>5. Comply with HIPAA and confidentiality regulations specific to the Athletic Training setting</li> <li>6. Recall basic anatomy, specifically for the musculoskeletal system</li> <li>7. Obtain basic understanding of common medical terminology</li> <li>8. Identify the role of an Athletic Trainer as part of the Sports Medicine Team in various settings (i.e., Collegiate, High School, Clinic, etc.)</li> </ol> <p>In addition, students should be able to demonstrate strong interpersonal and communication skills.</p>
<p><b>Florida Programs</b></p>	<p>Bachelors’ Degree Level Options</p> <ul style="list-style-type: none"> <li>• <a href="#">Barry University</a></li> <li>• <a href="#">Florida Gulf Coast University</a></li> <li>• <a href="#">Florida Southern College</a></li> <li>• <a href="#">Nova Southeastern University</a></li> <li>• <a href="#">Palm Beach Atlantic University</a></li> <li>• <a href="#">The Florida State University</a></li> <li>• <a href="#">University of Central Florida</a></li> <li>• <a href="#">University of Florida</a></li> <li>• <a href="#">University of Miami</a></li> <li>• <a href="#">University of North Florida</a></li> <li>• <a href="#">University of Tampa</a></li> <li>• <a href="#">University of West Florida</a></li> </ul> <p>Post-Bachelor’s (Entry-Level Master’s) Degree Options</p> <ul style="list-style-type: none"> <li>• <a href="#">Florida International University</a></li> <li>• <a href="#">University of South Florida</a></li> </ul>
<p><b>Resources</b></p>	<ul style="list-style-type: none"> <li>• <a href="#">Commission on Accreditation of Athletic Training Education (CAATE)</a></li> <li>• National Athletic Trainers’ Association (<a href="http://www.nata.org">www.nata.org</a>)</li> <li>• Board of Certification (<a href="http://www.bocatc.org">www.bocatc.org</a>)</li> </ul>
<p><b>Suggested Timelines</b></p>	<p>Bachelor’s Degree Level Options</p> <p>Semester 1:</p> <p style="padding-left: 40px;">PSY#012                      General Psychology</p>

	<p>GE-M            MAC1140 or higher  GE-C            Composition  GE-H            Humanities</p>
	<p>Semester 2:</p> <p>BSC#010        General Biology 1  BSC#010L        General Biology 1 Lab  STA2023         Introduction to Statistics  HUN#1201        Principles of Human Nutrition  WR                Writing Course – 6,000 words</p>
	<p>Semester 3:</p> <p>APK2100c        Human Anatomy with Lab  <i>or BSC#085/L Human Anatomy and Physiology 1 with Lab</i>  PHY#053         General Physics 1  PHY#053L        General Physics 1 Lab  GE-H &amp; N         Humanities &amp; International  GE-H or GE-S    Humanities or Social Behavioral Science  WR                Writing Course – 6,000 words</p>
	<p>Semester 4:</p> <p>APK2105c        Human Physiology with Lab  <i>or BSC#086/L Human Anatomy &amp; Physiology 2 with Lab</i>  GE-S/D            Social Behavioral Science &amp; Diversity  <i>or GE-H/D        Humanities &amp; Diversity</i>  WR                Writing course – 6,000 words</p> <p>Admission to the Bachelor’s Degree Level Program – Summer B</p> <p>Students planning to apply to a post-Bachelor’s degree program should include additional program specific pre-requisites and the following recommended courses within Semesters 5 – 8:</p> <p>ATR 2010c        Prevention and Care of Athletic Injuries  APK 3110c        Exercise Physiology  APK 3220c        Biomechanics of Human Movement  APK 3113         Strength and Conditioning  ATR 3400         Sport Psychology  APK 4125c        Fitness Assessment and Exercise Prescription</p>